

# Society for Existential Analysis:



## Discussion Group (North)

### Explore and Discuss Existential Philosophy and Psychotherapy – in Manchester

This is a new, monthly event which will take place in central Manchester from 7-9pm, and is open to all. The aim of the group is to explore existential philosophy and psychotherapy in relation to various existential texts and tales, as well as in relation to our own experiences and ideas.

Each session, a classic - or more recent - existential text will be circulated in advance of the discussion to prompt discussions around themes such as meaning, mortality, relationships, anxiety.

No prior knowledge or training is assumed - just a willingness to engage with existential ideas

#### First session

**7-9pm, 2nd June 2011, Quaker House, Manchester**

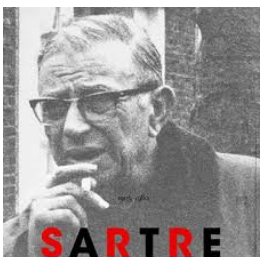
(<http://www.quakertrading.co.uk/central-manchester>)

(Co-Organisers Meg Barker, Helen Spandler & Susan Iacovou)

#### **Topic: Hell is other people: from Sartre's No Exit to Reality TV**

This brief play by Sartre deals with three people who find themselves together in a room in hell. It deals with the difficulties - or impossibilities - of our being free to define ourselves because of the real - or imagined - presence of others. Thus the famous quote 'hell is other people'. Reading the play today it is hard not to relate it to the endless Big Brother style reality TV programmes where groups of strangers are placed together in isolation. Discussion points may centre the importance of the perceptions of others in defining us, our ability and freedom to self-define, and the potential for everyday life to be hell (or heaven),

For further information or to join this discussion group, please contact: Susan Iacovou  
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Meg Barker

