



Developing open dialogue is excited to present a 2 day workshop with

Val Jackson and Hugh Fox

Developing an OPEN DIALOGUE approach - what does it actually mean?

Last year we invited Jaakko Seikkula to run a workshop in Sheffield and following on from its great success we are now offering a 2 day workshop in Developing Open Dialogue practices. Several organisations are beginning to think about introducing this way of working in Mental Health services, but don't know where to start. This workshop is an ideal place to start thinking seriously about the approach and its application within the structure of mental health services in the UK.

Day 1 will focus on the key elements of open dialogue and how to introduce the approach into your own mental health services. **Day 2** will cover in more detail how to work dialogically with psychotic experiences, with plenty of experiential exercises. There will also be monthly supervision groups in 2014 to develop your skills (for a small extra fee.) - more details to follow.

Who is it for? This is a 2 day workshop for those working in mental health services

When ? December Thursday 12th /Friday 13th 2013 10.00 - 4.00pm

Where? The Beacon Methodist Church at Broomhill, Fulwood Rd
Sheffield S10 3BD

How much? £75 for 2 days

NB *There will be a 1 day workshop on Saturday March 15th 2014 for those not employed by mental health services (more details to follow)*

Val and Hugh are experienced Family Therapists, supervisors and trainers.

Val has worked in EIS for 8 years and is currently involved in an Open Dialogue trial at her place of work, the early intervention team in Leeds. Hugh has vast experience as a trainer and practitioner in family therapy and has been running courses in Narrative practices for many years.

Developing Open Dialogue is a non-profit making organisation committed to finding different ways of understanding mental health problems, and in particular psychotic experiences.

Email Val at developingopen@aol.com for more details and an application form.