

# **Beyond the Current Paradigm.**

## **A Series of Practical, Practice Based Workshops Provided by the UK Critical Psychiatry Network.**

University of Nottingham, April 15<sup>th</sup> 2013.

Provisional programme.

- 9.30 – 10.00      Opening: *What is it we are critical of?* Hugh Middleton.
- 10.00 – 11.00      Workshop: *Rethinking psychiatric drugs.* Joanna Moncrieff.
- 11.00 – 11.30      Break
- 11.30 – 12.30      Workshop: *Relationships come first – an open conversation.*  
Rex Haigh and Experts by Experience.
- 12.30 – 1.30      Lunch
- 1.30 – 2.30      Workshop: *How to Build Services that Maximise the Chances  
of a Positive Outcome.* Sami Timimi.
- 2.30 – 3.30      Workshop: *The Psychiatrist's Role in the Recovery Movement.*  
Simon Mullins.
- 3.30 – 4.00      Break
- 4.00 – 4.30      Commentary: *Encouraging Changes in Practice.*  
Professor Peter Tyrer

The day is intended as an opportunity for practicing UK psychiatrists to discuss and reflect upon the implications of uncertainties in the evidence base for current practices and growing respect for the value of service users' contributions to our understanding of mental health difficulties. These issues were recently highlighted in a British Journal Psychiatry article authored by members of the UK Critical Psychiatry Network, entitled *Psychiatry Beyond the Current Paradigm*. Workshops will be conducted in as participatory a manner as possible.

A wider range of workshops will be arranged if numbers justify. These include:

The role of trauma in psychiatric pathology - Complex-PTSD & Psychosis – Bob Johnson

Clinical Psychiatry as Narrative – Phil Thomas

Dealing with coercion in clinical practice – Lead tba

Transcultural alternatives to bio-medical western psychiatry – Suman Fernando

The event will take place in the Law and Social Sciences Building, University of Nottingham Main Campus. We will ask for a contribution of £30 to cover catering. Parking can be available by prior arrangement. Overnight accommodation in the University's new campus hotel can be available, currently at a cost of £55. If numbers merit it a pre - meeting dinner could be arranged.

Contact: [hugh.middleton@nottingham.ac.uk](mailto:hugh.middleton@nottingham.ac.uk)